



OCSL SENIORS AND VETERANS

SUMMER 2026

Program Overview – OCSL

This program offers the opportunity for seniors/veterans to continue practicing their sport in an environment of fun or competition. The Senior/Veteran program is open to all players who were born between 2008 and under. **The deadline to register a team for the SENIORS/VETERAN leagues is March 1 for the competitive level and April 1 for the recreational level.**

Below you will find the different categories:

SENIORS	O35	OT45
2008 to 1992	1991 to 1980	1979 & UNDER

Program Content

Senior/Veteran teams have the opportunity to register in the following two championships: The Outaouais Soccer League (LSSO) as well as the Ottawa Carlton Soccer League (OCSL). Below are the competitions and game formats:

OCSL (Ottawa Carlton Soccer League)	
GENDER	GAME FORMAT
MEN'S COMPETITIVE OR RECREATIONAL	11 VS 11
WOMEN'S COMPETITIVE OR RECREATIONAL	11 VS 11
OLD TIMERS 35 YEARS & +	11 VS 11


Registration "Team manager" AND "Player without team"

Write an email to the head of the seniors/veterans department: yann.carreaud@aylmersoccer.qc.ca
You will be contacted to assist you according to your requests.

Your registration fee includes

💰 What the program fee includes

Your registration covers:

-  **Affiliation with Soccer Québec and Soccer Outaouais**
(insurance, annual affiliation, official recognition)





CLUB DE
SOCCER AYLMER

Registration procedure

To register:

1. Visit our website: aylmersoccer.qc.ca
2. Click on the **REGISTRATION** tab in the main menu.
3. Follow the steps to complete the online registration.

 **Registration opens: Monday, February 16, 2026**

 **Archive**

Service fees charged by the provider are applicable during online registration.

