



APPRENTICESHIP CDC U7 BOYS (2019)

SUMMER 2026

Program Overview – Club Development Center (CDC)

The **Club Development Centre (CDC)** is a program for **children born in 2019 (U7 boys)** who want to progress in soccer while maintaining the pleasure of playing. The program is supervised by young educators as well as a certified educator with a minimum License C, guaranteeing a structured and safe learning environment. This program is open to all, however places are limited in order to respect the educator/player ratios required by Soccer Quebec.

👉 The date of registration is the only criterion for admission

Program Content

Duration:

The program runs:

📅 **From May 25, 2026 until the week of August 17, 2026**

Frequency:

The CDC is offered **once or twice a week** for U7 boys players (born in 2019).

Types of sessions

🌐 CDC Session – Club Development Centre

Session conducted in the form of workshops with qualified educators.

It includes **4 workshops of 12 minutes**, covering the essential aspects of development at this age:

- ✅ Technical workshop
- ✅ Motor skills / coordination workshop
- ✅ Fun games workshop
- ✅ Match workshop (small situations played)

🎥 **Explanatory video – [CLICK HERE](#)**

🌐 **Match Set:** 4 matches of 10 minutes of 4 vs 4 (or even 5 vs 5). No practice (mainly matches).



CATEGORY	TYPE	DAY	TIME	LOCATION
U7 MEN (2019)	CDC	TUESDAY	5:15 PM TO 6:15 PM	ALLEN 1 (CLICK HERE)

AND/OR

CATEGORY	TYPE	DAY	TIME	LOCATION
U7 MEN (2019)	MATCH PLATEAU	THURSDAY	6:35 PM TO 7:35 PM	ALLEN 1 (CLICK HERE)

Pricing

PRICING	1 PRACTICE/WEEK	2 PRACTICES/WEEK
	\$235*	\$390*

*An affiliation fee of \$74 is to be added which covers the period from May 1, 2026 to April 30, 2027

Gatherings – Match Sets

During the season, gatherings will be organized to bring together all the U7 men's players (born in 2019). These meetings will allow children to participate in several small matches in a dynamic, fun and stimulating atmosphere.

Tray format

- ⚽ 4 vs 4 matches (or 5 vs 5 depending on the number of players present)
- 🕒 Total time : 50 minutes
- ⚽ Structure : 4 matches of 10 minutes each

These boards offer players the opportunity to:

- meet up with friends 🤝 😊
- put into practice what the CDC ⚽ 🗣️
- has learned, discover the game in real situations 🎯 🏃
- evolve in an environment without ranking and without pressure ☀️ 😊

⚠️ Archive ⚠️

These gatherings are offered in addition to the program(s) selected during online registration. They are not a substitute for any CDC session or the chosen program: they are additional activities that add fun and play time to participants.

Here are the different dates (a convening email will be sent a few days before each event)

DATE	SCHEDULE	LOCATION	TYPE
FRIDAY 08 MAY 2026	6:00 p.m. to 6:50 p.m.	GRANDE-RIVIERE (synthetic) CLICK HERE	Pre-season gathering - identification





SATURDAY, JUNE 20, 2026	10:30 AM TO 11:20 AM	GRANDE-RIVIERE (synthetic) CLICK HERE	Rassemblement
SATURDAY, JULY 18, 2026	10:30 AM TO 11:20 AM	GRANDE-RIVIERE (synthetic) CLICK HERE	Rassemblement
SATURDAY, AUGUST 22, 2026	<i>Schedule TBD</i>	DARCY MCGEE (synthetic) CLICK HERE	End of season festival U4 to U8

! In case of cancellation (weather conditions)

In the event of inclement weather (e.g., **high heat, thunderstorms, torrential rain**), information regarding the cancellation of a training session will be communicated on the following platforms:

- **Site web** : aylmersoccer.qc.ca
- **CS Aylmer Facebook page**
- **Instagram du CS Aylmer**
- **SPOND application** (calendar of events and attendance)

Important

Training sessions **cancelled due to bad weather** are not **resumed**.

Equipment

Equipment provided by the club

The club provides each player:

1 sweater

1 shorts

1 pair of socks



An email will be sent to you to inform you of the distribution date.

Equipment for your child to bring

Your child must have:

- **Soccer Shoes**
- **Shin guards (mandatory)**
- **Named water bottle or water bottle**

Your registration fee includes

What the program fee includes

Your registration covers:

Your child's affiliation with Soccer Québec and Soccer Outaouais
(insurance, annual affiliation, official recognition)

Practice uniform
(sweater, shorts, socks)





 **The administrative and sporting operating costs of the club**, including:

- Supervision of educators
- **equipment** used during the sessions
- **Land Management**
- **Logistical monitoring** and programme management

 **Registration procedure**

To register your child:

1. Visit our website: aylmersoccer.qc.ca
2. Click on the **REGISTRATION** tab in the main menu.
3. Follow the steps to complete the online registration.

 **Registration opens: Monday, February 16, 2026**

 **Archive**

Service fees charged by the provider are applicable during online registration.