



APPRENTICESHIP U7/U8 BOYS AND GIRLS

2025/2026 WINTER

Program description:

The program is designed for boys and girls **born in 2018 and 2017** who want to discover or deepen their recreational soccer experience in a structured, dynamic, and supportive environment.

Frequency :

1 to 2 sessions per week

Session Duration: 55 minutes

Supervision: Certified educators and youth coaches in training

Session Content

- Motor skills workshops
- Technical workshops
- Discovery games
- Small age-appropriate matches

Program Objectives

Develop a passion for soccer from an early age

Encourage group learning: respect, sharing, tolerance, solidarity

Strengthen movement fundamentals: forward/backward running, jumping, dodging, etc.

Introduce basic soccer techniques: ball control, use of different foot surfaces, movement with the ball.

Program duration and practice day:

This program will begin:

- Autumn period: Monday, October 6, 2025 to Saturday, December 20, 2025 (inclusive)

and/or

- Winter period: Monday, January 5, 2026 to Saturday, March 28, 2026 (inclusive).

Year of birth	Practice day	Time (Your choice)	Practice location	Places available
U7/U8 BOY (2018/2017)	Saturday	1:25pm to 2:20pm or 2:30pm to 3:25pm	NOUVELLE-ÈRE SCHOOL (400 chemin fraser)	32 max.
	Monday or wednesday	6 :10pm to 7 :05pm	DU MARAIS SCHOOL (200 rue du Marigot)	16 max. per slot
U7/U8 GIRL	Saturday	1:25pm to 2:20pm or	NOUVELLE-ÈRE SCHOOL	32 max.





(2018/2017)		2:30pm to 3:25pm	(400 chemin fraser)	
	Wednesday	6:10pm to 7:05pm	CAVALIERS SCHOOL (120 rue Nancy Elliot)	16 max.

If a schedule is not full, the CSA reserves the right to group children in another schedule.

Pricing :

NUMBER OF PRACTICES PER WEEK	FALL OR WINTER SESSION		FALL AND WINTER SESSION	
	1 PRACTICE	2 PRACTICES	1 PRACTICE	2 PRACTICES
RATE	\$185*	\$295*	\$295*	\$495*

* The price shown corresponds to the program registration for the given period of dates and the supply of equipment. If your child has not played during the 2025 summer season, a \$70 affiliation fee will be added to your registration.

Equipments :

All children registered in this program will receive a **practice kit** including:

- One pair of **socks**
- One pair of **shorts**
- One **practice jersey**

To bring to each session:

- **Soccer shoes without cleats** or **athletic sneakers**
- **Socks, shorts, and practice jersey** (provided by CS Aylmer)
- **One pair of mandatory shin guards** (to be worn under the socks)
- **A water bottle labeled with the child's name**

Conditions:

- The program is **open to all children** born in the specified years.
- It is subject to the **club's internal regulations** and **refund policy**.
- **Spots are limited** based on gym capacity and the number of available coaches, in order to ensure a **safe environment** and **optimal coaching quality**, in line with **Soccer Canada** recommendations.

Registrations:

Registrations will be done online via our website by credit card starting Monday, August 11, 2025, depending on availability.**

** Online service fees are charged by the payment processor based on the registration amount and are non-refundable.

