



## COMPETITIVE PREPARATION U12/U13

### WINTER 2025/2026

#### Program description:

This program is for players **born in 2012 and 2013** who wish to prepare for competitive evaluations for the 2026 season.

#### Program details

**Duration:** 6 weeks

**Frequency:** 1 or 2 practices per week

1 session lasting 1 hour and 15 minutes at La Fonderie

1 session lasting 1 hour 30 minutes at the Branchaud-Brière Complex

#### Objective

This program aims to:

**Strengthen technical and tactical skills.**

**Develop the intensity and rigor expected** at the competitive level

**Prepare players for competitive evaluations** in November 2025

#### Evaluations

By registering for this program, you will automatically be registered for competitive evaluations (minimum of 2 sessions scheduled).

#### Program duration and practice day:

This program will begin:

**From Thursday, October 9, 2025, through Sunday, November 10, 2025 (inclusive)**

CATEGORY	FALL SESSION		DAY	SCHEDULE	LOCATION
	START	END			
U12/U13 GIRL (2013/2012)	THURSDAY, OCTOBER 9, 2025	SUNDAY, NOVEMBER 16, 2025	THURSDAY	5:30 p.m. to 6:45 p.m.	LA FONDERIE
			SUNDAY	1:30 p.m. to 3:00 p.m.	BRANCHAUD-BRIERE
U12/U13 BOY (2013/2012)	THURSDAY, OCTOBER 9, 2025	SUNDAY, NOVEMBER 16, 2025	THURSDAY	7:00 p.m. to 8:15 p.m.	LA FONDERIE
			SUNDAY	1:30 p.m. to 3:00 p.m.	BRANCHAUD-BRIERE

*If a group is not full, the CSA reserves the right to place children in another group.*

#### Tarification

1 PRACTICE	2 PRACTICES
<b>90\$*</b>	<b>180\$*</b>





*\*The price shown corresponds to registration for the program for the given period and the provision of equipment. If your child did not play during the 2025 summer season, a **\$70 membership fee will be added to your registration.***

### Equipment:

Each player must arrive at the specified time wearing a complete soccer uniform:

- Bas
- Shorts
- Jersey
- Shin guards required
- Soccer shoes without cleats or athletic shoes (gym) and soccer shoes with or without cleats (Branchaud-Briere)

It is also mandatory to bring **a water bottle or flask with your name on it** to ensure proper hydration throughout the session.

### Conditions:

- The program is **open to all children** of the specified ages.
- It is subject to the club's **internal regulations and refund policy.**
- **Places are limited** based on the capacity of the gyms and the number of instructors available, in order to ensure a **safe environment** and **optimal coaching quality**, in accordance with **Soccer Canada's** recommendations.

 **Registration : Registration will be available online via our website by credit card starting Monday, August 11, 2025, subject to availability.\*\***

Online service fees are charged by the transaction provider based on the registration amount and are non-refundable.